

Quantum Optics I (class 2)

States of the Electromagnetic Field: Glauber: $\hat{E}^{(+)}(\vec{r}, t) = i \sum_{\vec{k}} \left(\frac{1}{2} \epsilon_0 \hbar \omega_k \right)^{1/2} \hat{a}_{\vec{k}} \vec{u}_{\vec{k}}(\vec{r}) e^{-i\omega_k t}$
 Question: what are eigenstates of $\hat{E}^{(+)}(\vec{r}, t)$? $\vec{u}_{\vec{k}}(\vec{r})$ is normalized

COHERENT STATES. i.e. eigenstates of $\hat{a}_{\vec{k}}$? i.e. $\hat{a}_{\vec{k}} |\alpha\rangle = \alpha |\alpha\rangle$? eigenstate of field!

$$\hat{a} |\alpha\rangle = \alpha |\alpha\rangle \quad \text{thus} \quad \langle \alpha | \hat{a} | \alpha \rangle = \alpha$$

$$\langle \alpha | \hat{a}^\dagger | \alpha \rangle = \alpha^*$$

Thus: $\langle \alpha | \hat{a}^\dagger \hat{a} | \alpha \rangle = \alpha \cdot \alpha^* = |\alpha|^2$ i.e. mean photon number of coherent state.

Coherent states satisfy: $|\alpha\rangle = e^{-|\alpha|^2/2} \sum \frac{\alpha^n}{n!} |n\rangle$

Thus: $p(n) = \langle \alpha | n \rangle^2 = \frac{|\alpha|^{2n}}{n!} e^{-|\alpha|^2}$ POISSON DISTRIBUTION

The coherent state is a displaced vacuum state.

$$D(\alpha) \equiv \exp(\alpha \hat{a}^\dagger - \alpha^* \hat{a})$$

operator theorem in QM: $e^{\hat{A} + \hat{B}} = e^{\hat{A}} e^{\hat{B}} e^{-[\hat{A}, \hat{B}]/2}$ BAKER HAUSERDORFF
 for $[\hat{A}, \hat{B}], \hat{A} = 0$

$$D(\alpha) = e^{-|\alpha|^2/2} e^{\alpha \hat{a}^\dagger} e^{-\alpha^* \hat{a}}$$

and $|\alpha\rangle = D(\alpha) |0\rangle$

Proof: $D^\dagger(\alpha) \hat{a} D(\alpha) = D^\dagger(\alpha) \hat{a} D(\alpha) |0\rangle = (\hat{a} + \alpha) |0\rangle = \alpha |0\rangle$

using the property: $D^\dagger(\alpha) = D^{-1}(\alpha) = D(-\alpha)$ i.e. $D^\dagger(\alpha) D(\alpha) = 1$
 Definition of D according to Glauber $\left\{ \begin{array}{l} D^\dagger(\alpha) \hat{a} D(\alpha) \stackrel{!}{=} \hat{a} + \alpha \\ D^\dagger(\alpha) \hat{a}^\dagger D(\alpha) \stackrel{!}{=} \hat{a}^\dagger + \alpha^* \end{array} \right.$ (H.W) (*)

Coherent states are not a Basis:

Norm squared $\langle \alpha | \beta \rangle^2 = \exp(-\frac{1}{2}(|\alpha|^2 + |\beta|^2) + \alpha \beta^*) \left(\hat{=} \left(\sum_n \frac{\alpha^n}{n!} \langle n | \right) \left(\sum_m \frac{\beta^m}{m!} |m\rangle \right) e^{-|\alpha|^2/2} e^{-|\beta|^2/2} \right)$
 $= \exp(-|\alpha - \beta|^2)$
 $\hat{=} \langle 0 | D(\beta) D(\alpha) | 0 \rangle$ $\langle n | m \rangle = \delta_{nm}$

Note that since $\hat{a}$ is non Hermitian ($\alpha \neq \hat{a}^\dagger$) the eigenvalue is complex.

The coherent states form an overcomplete basis:

$$\frac{1}{\pi} \int |\alpha\rangle \langle \alpha| d^2\alpha = 1$$

Proof of $D^\dagger(\alpha) \hat{a} D(\alpha) = D^\dagger(\alpha) \hat{a} D(\alpha) = \hat{a} + \alpha$:

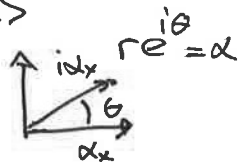
$$D^\dagger(\alpha) \hat{a} D(\alpha) = e^{\alpha^* \hat{a}} e^{-\alpha \hat{a}^\dagger} \hat{a} e^{\alpha \hat{a}^\dagger} e^{-\alpha^* \hat{a}}$$

and $e^{-\alpha \hat{A}} \hat{B} e^{\alpha \hat{A}} = \hat{B} - \alpha [\hat{A}, \hat{B}] + \frac{\alpha^2}{2!} [\hat{A}, [\hat{A}, \hat{B}]] + \dots$

Proof of overcomplete basis:

Assume a general state $|A\rangle = \sum_n A_n |u\rangle$

and $\alpha = \alpha_x + i\alpha_y$ (complex)



$$\frac{1}{\pi} \int d^2\alpha (|\alpha\rangle\langle\alpha|) |A\rangle = \frac{1}{\pi} \int \sum_n d^2\alpha A_n |\alpha\rangle \underbrace{\langle\alpha|u\rangle}_{\text{last page}} \rightarrow \text{last page}$$

substitute polar coordinates: $\alpha = r e^{i\theta}$
 $d^2\alpha = d\alpha_x d\alpha_y = r dr d\theta$

Thus:

$$\frac{1}{\pi} \sum_{m,n} \int_0^\infty \int_0^{2\pi} dr d\theta \cdot r \cdot e^{-r^2} r^{n+m} \frac{e^{i\theta(m-n)}}{n!m!} |m\rangle$$

using: $\langle\alpha|u\rangle = \langle r e^{i\theta}|u\rangle = \frac{r^u e^{-iu\theta}}{u!} \cdot e^{-r^2/2}$

and $|u\rangle = \sum_n \frac{\alpha^n}{n!} |n\rangle e^{-|\alpha|^2/2} \approx \sum_n \frac{e^{n+i n\theta}}{n!} e^{-r^2/2} |n\rangle$

NOTE: $\langle\alpha| = \sum_n \frac{(\alpha^*)^n}{n!} \langle n| e^{-|\alpha|^2/2}$

Thus:

$$\int_0^{2\pi} \frac{e^{i(m-n)\theta}}{\pi} d\theta = 2\delta_{m,n}$$

Therefore:

$$= 2 \sum_n \int_0^\infty A_n e^{-r^2} \frac{r^{2n+1}}{n!} |n\rangle dr$$

using $\int_0^\infty e^{-r^2} r^{2n+1} dr = \int_0^\infty e^{-r^2} r^{2n+1} dr = \frac{n!}{2}$ (without proof)

Thus combining:

$= \left(\sum_n A_n |u\rangle \right)$ is our original state (completes proof)

$$\Rightarrow \boxed{\frac{1}{\pi} \int d^2\alpha |\alpha\rangle\langle\alpha| = \frac{1}{\pi} \int d\alpha_x d\alpha_y |\alpha\rangle\langle\alpha| = 1} \quad (\text{ie}) \quad \text{a Basis.}$$

Quantum Optics I - Lecture Note 2

States of the Electromagnetic Field:

COHERENT STATES.

$$a|\alpha\rangle = \alpha|\alpha\rangle \quad \text{thus}$$

$$\boxed{\begin{aligned} \langle\alpha|\hat{a}|\alpha\rangle &= \alpha \\ \langle\alpha|\hat{a}^\dagger|\alpha\rangle &= \alpha^* \end{aligned}}$$

Thus: $\langle\alpha|\hat{a}^\dagger\hat{a}|\alpha\rangle = \alpha \cdot \alpha^* = |\alpha|^2$ i.e. mean photon number of coherent state.

Coherent states satisfy: $|\alpha\rangle = e^{-|\alpha|^2/2} \sum \frac{\alpha^n}{n!} |n\rangle$

Thus: $p(n) = \langle\alpha|n\rangle^2 = \frac{|\alpha|^{2n}}{n!} e^{-|\alpha|^2}$ POISSON DISTRIBUTION

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operator theorem in QM: $e^{\hat{A}+\hat{B}} = e^{\hat{A}} e^{\hat{B}} e^{-[\hat{A},\hat{B}]/2}$

$$D(\alpha) = e^{-|\alpha|^2/2} e^{\alpha\hat{a}^\dagger} e^{-\alpha^*\hat{a}}$$

and $|\alpha\rangle = D(\alpha)|0\rangle$

Proof: $D^\dagger(\alpha)\hat{a}|\alpha\rangle = D^\dagger(\alpha)\hat{a}D(\alpha)|0\rangle = (\hat{a} + \alpha)|0\rangle = \alpha|0\rangle$

using the property: $D^\dagger(\alpha) = D^\dagger(\alpha) = D(-\alpha)$

$$D^\dagger(\alpha)\hat{a}D(\alpha) = \hat{a} + \alpha \quad (\text{H.W.})$$

Coherent states are not a Basis:

$$\begin{aligned} |\langle\alpha|\beta\rangle|^2 &= \exp(-\frac{1}{2}(|\alpha|^2 + |\beta|^2) + \alpha\beta^*) \\ &= \exp(-|\alpha - \beta|^2) \end{aligned}$$

Note that since $\hat{a}$ is non Hermitian ($\hat{a} \neq \hat{a}^\dagger$) the eigenvalue is COMPLEX.

The coherent states form an overcomplete basis:

$$\frac{1}{\pi} \int |\alpha\rangle \langle\alpha| d^2\alpha = \mathbb{1}$$

Coherent state properties

Ch 10
Gardine
Steady-
Methods

Evolution of the coherent state $|\alpha, t\rangle$

$$\hat{H}|\alpha, t\rangle = -i\hbar\omega|\alpha, t\rangle$$

Expand $|\alpha, t\rangle = \sum_n \langle n|\alpha, t\rangle |n\rangle$ (i.e. $\sum_n |n\rangle\langle n| = 1$)

$$\begin{aligned} i\hbar\partial_t|\alpha, t\rangle &= -i\hbar\sum_n |n\rangle\partial_t\langle\alpha, t|n\rangle = \hat{H}\sum_n |n\rangle\langle n|\alpha, t\rangle \\ &= \sum_n \underbrace{(\hbar\omega)(n+\frac{1}{2})}_{E_n} |n\rangle\langle n|\alpha, t\rangle \end{aligned}$$

$$\Leftrightarrow -i\hbar\partial_t\langle\alpha, t|n\rangle = \hbar\omega(n+\frac{1}{2})\langle n|\alpha, t\rangle$$

$$\Leftrightarrow \langle\alpha, t|n\rangle = \underbrace{e^{-i\omega n t} e^{-i\omega t/2}}_{e^{-iE_n t/2}} \langle\alpha, t=0|n\rangle$$

Therefore e.g. for a Fock state

$$|1, t\rangle = |1\rangle e^{-i\omega t} \quad \text{or} \quad |3, t\rangle = |3\rangle e^{-3i\omega t}$$

NOTE $\Rightarrow$ This property we will explore in the context of QUANTUM METROLOGY since it shows that $|n\rangle$ state exhibits a de Broglie wavelength of λ/n where λ is the vacuum wavelength ($\rightarrow$ homodyne)

returning to the coherent state this property implies:

$$|\alpha, t\rangle = e^{-|\alpha|^2/2} \sum_n \frac{\alpha^n}{n!} \underbrace{|n\rangle}_{|n, t\rangle} e^{-i\omega n t} = e^{-|\alpha|^2/2} \sum_n \frac{(\alpha e^{-i\omega t})^n}{n!} |n\rangle$$

Thus the time dependence of $|\alpha\rangle$ is simply given by the eigenvalue $\alpha(t) = \alpha(0) e^{-i\omega t}$ (despite the individual's Fock state the dependence of α is $\omega \cdot n \cdot t$).

Basic Properties of Coherent States

$$\alpha|\alpha\rangle = \alpha|\alpha\rangle \quad \langle\alpha|a^\dagger = \alpha^*\langle\alpha|$$

operator ordering matters. One distinguishes

NORMALLY ORDERED OPERATORS; e.g.

$$:\hat{a}^\dagger \hat{a} \hat{a}^\dagger: \hat{=} \hat{a}^\dagger \hat{a}^\dagger \hat{a}$$

↑
normal order

i.e. (creation operators to the right)

note that:

$$\begin{aligned} \langle\alpha|\hat{a}^\dagger \hat{a} \hat{a}^\dagger|\beta\rangle &= \langle\alpha|\hat{a}^\dagger(\hat{a}^\dagger \hat{a} + 1)|\beta\rangle \\ &= \langle\alpha|\underbrace{\hat{a}^\dagger \hat{a} \hat{a}^\dagger}_{\text{normally ordered}} + \hat{a}^\dagger|\beta\rangle \quad \text{using } [\hat{a}, \hat{a}^\dagger] = 1 \\ &= (\alpha^* \cdot \alpha \beta + \alpha^*) \langle\alpha|\beta\rangle \end{aligned}$$

Normal ordering is in particular important in e.g. optical photodetection ($\langle \hat{I} \rangle \propto \langle \hat{a}^\dagger \hat{a} \rangle$)

statistical properties of the coherent state

$$P_\alpha(u) = |\langle u|\alpha\rangle|^2 = \left| e^{-|\alpha|^2/2} \frac{\alpha^u}{u!} \right|^2 = e^{-|\alpha|^2} \frac{|\alpha|^{2u}}{u!} \quad (\text{Poisson as before mentioned})$$

average

$$\langle \hat{u} \rangle = \langle a^\dagger a \rangle \hat{=} \langle \alpha | a^\dagger a | \alpha \rangle = \sum_{u=0}^{\infty} u \cdot P_\alpha(u) = \dots = |\alpha|^2 \quad (\text{MEAN Photon number})$$

$$\langle \hat{u}^2 \rangle = \langle \alpha | a^\dagger a a^\dagger a | \alpha \rangle$$

$$= \langle \alpha | a^\dagger (a^\dagger a + 1) a | \alpha \rangle = \langle \alpha | a^\dagger a^\dagger a a + a^\dagger a | \alpha \rangle$$

$$= (|\alpha|^4 + |\alpha|^2) \langle \alpha | \alpha \rangle = |\alpha|^4 + |\alpha|^2$$

Therefore:

$$\langle \Delta \hat{u}^2 \rangle \hat{=} (\langle \hat{u}^2 \rangle - \langle \hat{u} \rangle^2) = |\alpha|^4 = \langle \hat{u} \rangle^2$$

(VARIANCE)

We thus call $|\alpha|^2$ MEAN PHOTON NUMBER

Coherence of coherent states: (cf. Scully Q. Optics Ch2)

reminder:

Coordinate representation $|x\rangle$ position coordinate
(continuous basis)

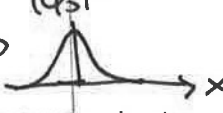
it follows $\hat{x} = \sqrt{\frac{\hbar}{2m\omega}} (a + a^\dagger) \wedge \hat{p} = \sqrt{2i\hbar m\omega} \frac{a - a^\dagger}{i} (= -i\hbar \nabla_x)$

or $\hat{a} = \frac{1}{\sqrt{2\hbar m\omega}} (\omega \hat{x} + \frac{\hbar}{2} \frac{\partial}{\partial x})$ operator representation.

$\hat{a}|\psi_0(x)\rangle = 0 \quad \langle x|a|0\rangle = \frac{1}{\sqrt{2\hbar m\omega}} (\omega x + \frac{\hbar}{2} \frac{\partial}{\partial x}) \psi_0(x) = 0$

$\Rightarrow \psi_0(x) = \left(\frac{m\omega}{\pi\hbar}\right)^{1/4} e^{-m\omega x^2/2\hbar}$

Ground state $|0\rangle$
wave function
(minimum uncertainty state)



The coherent state is represented by:

$\psi_0(x, t=0) = \left(\frac{m\omega}{\pi\hbar}\right)^{1/4} e^{-\frac{m\omega}{2\hbar} (x - x_0)^2}$
displacement by x_0

time evolution is given by (homework):

$\psi_0(x, t) = \left(\frac{m\omega}{\pi\hbar}\right)^{1/4} e^{-\frac{m\omega}{2\hbar} (x - x_0 \cos(\omega t))^2}$
Harmonic oscillation around $x=0$.

$\Rightarrow$ the coherent state does not decohere. It remains a minimum uncertainty state, i.e.:

$\Delta x \cdot \Delta p = \frac{\hbar}{2}$

where $\Delta x = (\langle \hat{x}^2 \rangle - \langle \hat{x} \rangle^2)^{1/2}$ and $\Delta p = (\langle \hat{p}^2 \rangle - \langle \hat{p} \rangle^2)^{1/2}$

with $\hat{x} = \sqrt{\frac{\hbar}{2m\omega}} (\hat{a} + \hat{a}^\dagger)$ as above.

it follows that: $\langle \alpha | \hat{x}^2 - \hat{x} | \alpha \rangle \langle \alpha | \hat{p}^2 - \hat{p} | \alpha \rangle = \left(\frac{\hbar}{2}\right)^2$

$\Rightarrow$ ie minimum uncertainty.

compare to vacuum $|0\rangle$:

$\langle 0 | \hat{x} | 0 \rangle = 0 \quad \langle 0 | \hat{x}^2 | 0 \rangle = \frac{\hbar}{2m\omega} \quad \left\{ \Delta x_0 \Delta p_0 = \frac{\hbar}{4} \right.$

and $\langle 0 | \hat{p} | 0 \rangle = 0 \quad \langle 0 | \hat{p}^2 | 0 \rangle = \frac{\hbar m\omega}{2}$

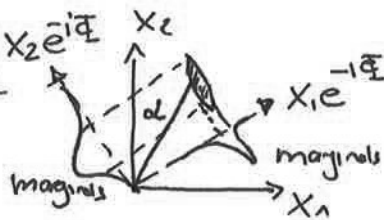
$\Rightarrow$ uncertainties in $\Delta x, \Delta p$ are identical to VACUUM STATE

$\Rightarrow$ A coherent state is a displaced vacuum state.

Quantum Optics I

Importantly; call $|\alpha, \epsilon\rangle = D(\alpha)S(\epsilon)|0\rangle$ SQUEEZED STATE

Properties (no proof):
 $\langle N \rangle = \langle \hat{a}^\dagger \hat{a} \rangle$
 $= |\alpha|^2 + \sinh^2(r)$



graphical representation
of shifted and
squeezed quadrature.

→ this implies for vacuum
squeezed state $|0, \epsilon\rangle$ that
the photon (mean) number
is non-zero (counter-intuitive!)

likewise,

$$\langle \Delta \hat{N}^2 \rangle = \langle (\hat{a}^\dagger \hat{a})^2 \rangle = \langle \alpha, \epsilon | (\hat{a}^\dagger \hat{a})^2 | \alpha, \epsilon \rangle$$

$$= |\alpha \cosh(r) - \alpha^* e^{2i\epsilon} \sinh(r)|^2 + 2 \cosh^2(r) \sinh^2(r)$$

Hence again for squeezed vacuum the photon fluctuations
are non-zero (counter-intuitive).

$$\langle 0, \epsilon | \Delta \hat{N}^2 | 0, \epsilon \rangle = 2 \cosh^2(r) \sinh^2(r)$$

TWO PHOTON COHERENT STATES

Consider $\hat{b} = \mu \hat{a} + \nu \hat{a}^\dagger$ $|\mu|^2 - |\nu|^2 = 1$

thus e.g. $\mu = \cosh(r)$ $\sinh(r) = \nu$

then $[\hat{b}, \hat{b}^\dagger] = 1$ and eigentates of $\hat{b}$ are Two Photon Coherent States (Buzikav mode).

$$b|\beta\rangle_g = \beta \cdot |\beta\rangle_g$$

eigentate of Buzikav State

The eigentates are (no proof):

$$|\beta\rangle_g = \underbrace{S(\epsilon) D(\alpha)}_{\text{squeezing operator} \quad \& \text{Displacement are reversed}} |0\rangle$$

and $\alpha \equiv \mu \cdot \beta - \nu^* \beta$

Quantum Optics I

SQUEEZED STATES OF THE EM FIELD

coherent states satisfy $\hat{X} = \sqrt{\frac{\hbar}{2m\omega}} (a + a^\dagger)$ and $\hat{p} = \sqrt{\frac{\hbar m\omega}{2}} (a - a^\dagger)$

variances: $(\Delta A)^2 \equiv \langle \hat{A}^2 \rangle - \langle \hat{A} \rangle^2$

which for coherent states $\Delta X^2 = \frac{\hbar}{2m\omega}$ and $\Delta p^2 = \frac{\hbar m\omega}{2}$ and $\Delta X \Delta p = \frac{\hbar}{2}$ (ie $\Delta X \Delta p = \frac{\hbar}{2}$)

we can define new quadratures $\hat{X}_1, \hat{X}_2$

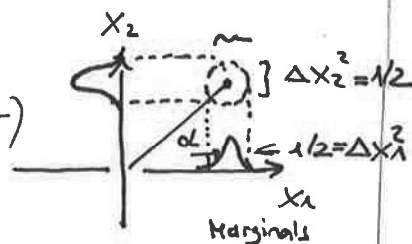
$\hat{a} = (\hat{X}_1 + i\hat{X}_2)$ $\rightarrow \alpha = \langle \hat{X}_1 + i\hat{X}_2 \rangle$

$\hat{a}^\dagger = (\hat{X}_1 - i\hat{X}_2)$

Commutator relation:

$[\hat{X}_1, \hat{X}_2] = i \cdot \frac{1}{2}$

and $\Delta X_1^2 = \Delta X_2^2 = \frac{1}{2}$ ie. $(\Delta X_1^2 \Delta X_2^2 = \frac{1}{4})$



Note that minimum uncertainty

states ie $\Delta X_1^2 \Delta X_2^2 = \frac{1}{4}$ also exist with $\Delta X_1^2 < \frac{1}{2}$ $\Delta X_2^2 > \frac{1}{2}$ but $\Delta X_1^2 \Delta X_2^2 = \frac{1}{4}$

$\Rightarrow$ These are squeezed states at right.

Such states are generated via:

$S(\epsilon) = \exp(+\frac{1}{2}\epsilon^* \hat{a}^2 - \frac{1}{2}\epsilon \hat{a}^{\dagger 2})$

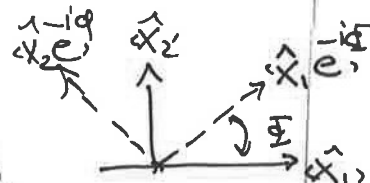
(ie two photon processes eg parametric downconversion)

The operator obeys (no proof) $\epsilon = r e^{2iq}$ (see next page proof)

$S^\dagger(\epsilon) a S(\epsilon) = \hat{a} \cosh(r) - \hat{a}^\dagger \sinh(r) e^{-2iq}$

$S^\dagger(\epsilon) ((\hat{X}_1 + i\hat{X}_2) e^{-i\frac{\pi}{4}}) S(\epsilon) = \hat{X}_1 e^{-\frac{1}{2}r} e^{-i\frac{\pi}{4}} + i\hat{X}_2 e^{+\frac{1}{2}r} e^{-i\frac{\pi}{4}}$

rotated quadrature



Thus $\Delta X_1^2 = \frac{1}{2} e^{-2r}$
 $\Delta X_2^2 = \frac{1}{2} e^{+2r}$

reduced below vacuum level
increased above

SQUEEZED STATES OF THE EM FIELD (Proof of operator transformation)

$$\hat{S}(\xi) = e^{\left(\frac{1}{2} \xi^* \hat{a}^2 + \frac{1}{2} \xi \hat{a}^{\dagger 2} \right)}$$

Note that BAUER-KAUFMANN DORT:

$$e^{\hat{B}} \hat{X} e^{-\hat{B}} = \hat{X} + [\hat{B}, \hat{X}] + \frac{1}{2!} [\hat{B}, [\hat{B}, \hat{X}]] + \dots + \frac{1}{n!} [\hat{B}, \dots [\hat{B}, \hat{X}]]$$

First Note that if $\hat{X} \equiv \hat{a}$

$$\hat{B} \equiv \frac{1}{2} \xi^* \hat{a}^2 - \frac{1}{2} \xi \hat{a}^{\dagger 2}$$

Commutator
($\hat{a}\hat{a}^\dagger - \hat{a}^\dagger\hat{a} = 1$)

$$\begin{aligned} [\hat{a}, \hat{B}] &\equiv [\hat{a}, \frac{1}{2} \xi^* \hat{a}^2 - \frac{1}{2} \xi \hat{a}^{\dagger 2}] = [\hat{a}, -\frac{1}{2} \xi \hat{a}^{\dagger 2}] \\ &= -\frac{1}{2} \xi (\hat{a} \hat{a}^{\dagger 2} - \hat{a}^{\dagger 2} \hat{a}) = -\frac{1}{2} \xi ((\hat{a}^{\dagger} \hat{a} + 1) \hat{a}^{\dagger} - \hat{a}^{\dagger} (\hat{a} \hat{a}^{\dagger} + 1)) \\ &= -\frac{1}{2} \xi (2 \hat{a}^{\dagger}) = -\xi \hat{a}^{\dagger} = -r \hat{a}^{\dagger} e^{i\varphi} \quad \xi = r e^{i\varphi} \end{aligned}$$

Likewise:

$$[\hat{a}^\dagger, \hat{B}] = [\hat{a}^\dagger, \frac{1}{2} \xi^* \hat{a}^2 - \frac{1}{2} \xi \hat{a}^{\dagger 2}] = -\frac{1}{2} \xi^* \hat{a} \times 2 = -\xi^* \hat{a} \equiv -r \hat{a} e^{-i\varphi}$$

Next

$$\begin{aligned} e^{-\hat{B}} \hat{a} e^{\hat{B}} &= \hat{a} + [\hat{B}, \hat{a}] + \frac{1}{2!} [\hat{B}, [\hat{B}, \hat{a}]] + \frac{1}{3!} [\hat{B}, [\hat{B}, [\hat{B}, \hat{a}]]] + \dots \\ &= \hat{a} + (-\xi \hat{a}^\dagger) + \frac{1}{2!} [\hat{B}, (-\xi \hat{a}^\dagger)] + \frac{1}{3!} [\hat{B}, [\hat{B}, (-\xi \hat{a}^\dagger)]] + \dots \\ &\quad \frac{1}{2!} (-\xi) [\hat{B}, \xi^* \hat{a}] \quad \frac{(-\xi)}{3!} [\hat{B}, -\xi \hat{a}^*] * \\ &\quad \hat{= \frac{1}{3!} (\xi)^3 \hat{a}^\dagger} \end{aligned}$$

$$\dots = \hat{a} \left(1 + \frac{\xi^2}{2!} + \frac{\xi^4}{4!} \dots \right) + \hat{a}^\dagger \left(-\xi + \frac{\xi^3}{3!} + \frac{\xi^5}{5!} + \dots \right) e^{-i\varphi}$$

$$\hat{S}^\dagger(\xi) \hat{a} \hat{S}(\xi) = \hat{a} \cosh(r) + \hat{a}^\dagger \sinh(r) e^{i\varphi} \quad r \equiv \xi$$

Note that for even terms: $\xi \cdot \xi^ = r^2$ but odd $\xi \cdot \xi^* \xi^* = e^{-i\varphi}$

Likewise

$$\hat{S}(\xi)^\dagger \hat{a}^\dagger \hat{S}(\xi) = \hat{a}^\dagger \cosh(r) - \hat{a} \sinh(r) e^{-i\varphi} \quad \text{(no proof)}$$